

### Reading the Display

The display has a backlight that can be momentarily activated by briefly pressing either the (+) or (-) button.

### Using the Adjustable Clock Light

Press and hold the (+) **button** to turn the light on until it reaches the right brightness level. To reduce the light level or turn the light off, press and hold the (-) **button**. Remember that the light will only work when the back stand is in the open position.

### Using the Flashlight

Press and hold the **flashlight button** on the back of the clock to activate the flash light.

### Disabling the Beeper

The backup alarm beeper is preset “on” as indicated when the “)))” symbol is lit. To disable the audible beeper, make sure the **A button** is out so the sun symbol (☀) is lit, then press and hold both (+) **and** (-) **buttons** at the same time for about 6 seconds until the BEEP symbol goes out (you will hear a faint beep as the symbol goes out and the display reads “nonE”). To reverse this, repeat the same procedure until the BEEP symbol lights (you will hear a single beep as the symbol lights and the display reads “beep”).

### Activating the Sunset Sequence to Fall Asleep

The Sunset sequence lets the light fade down slowly to help you fall asleep. Manually turn the light on to the intensity from which you wish the sunset to start. Then press the **A button** so it is up. Both the sun symbol (☀) and sunset (🌅) symbols will light to show that the sunset is beginning. If the light is at full intensity it will take about 15 minutes for the light to go out. The less bright the light is to start, the faster the light will fade.

### Replacing the Bulbs and Batteries

The SunRise Traveler uses light emitting diodes (LEDs) that should NEVER need replacement! Batteries are the only components that can be replaced by consumers. When the battery symbol indicates that the batteries are used up, replace them with four AA batteries. Rechargeable batteries may offer better performance than alkaline batteries because of the clock’s powerful LEDs. When storing the SunRise Traveler for extended periods, make sure to save the batteries by removing them.

### Warranty

SunRise Traveler is guaranteed against any defect in its manufacture for 12 months from the date of purchase. **Please register your clock for warranty protection online at BioBrite.com.**

### Service

If your SunRise Traveler requires service, please contact BioBrite by phone at (301) 961-5940, by email at [Info@BioBrite.com](mailto:Info@BioBrite.com), or send it to:

BioBrite Service Department,  
4330 East West Hwy. Suite 310  
Bethesda, MD 20814

# Instructions for the *SunRise Traveler*™



**BioBrite Inc.**

**4330 East-West Hwy. Suite 310**

**Bethesda, MD 20814**

**301-961-5940**

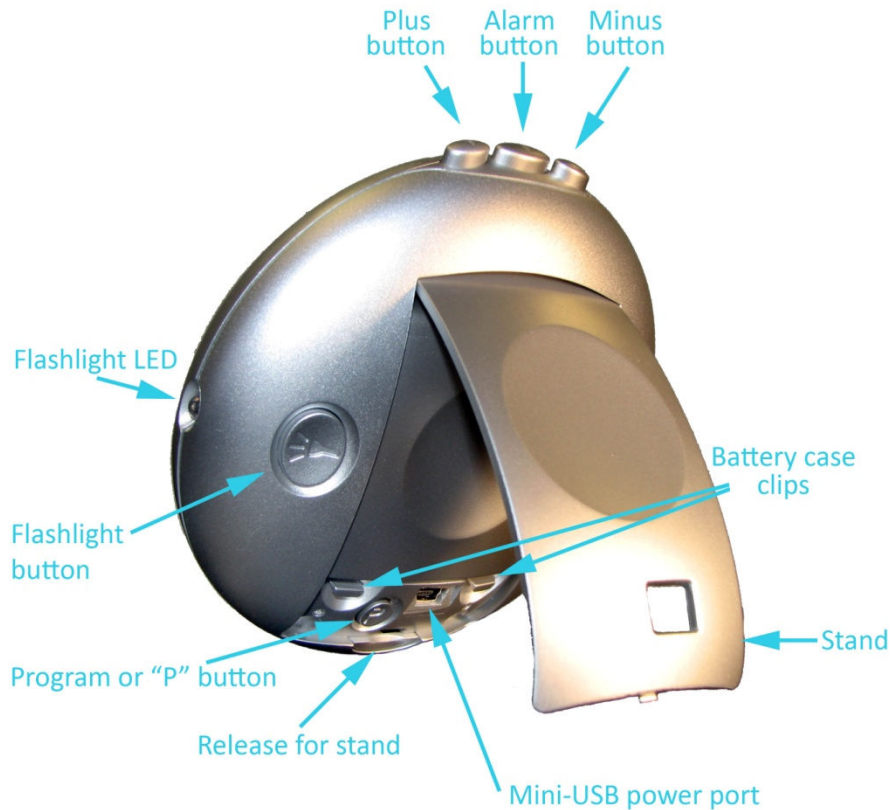
**Email: [Info@BioBrite.com](mailto:Info@BioBrite.com)**

**Website [www.biobrite.com](http://www.biobrite.com)**

The **SunRise Traveler™** is a naturally great way to fall asleep and wake up, especially when you travel. That's because humans are programmed by nature to wake to the rising sun and sleep when the sun goes down. When you travel to a different place in a different time zone, the SunRise Traveler helps you adjust quickly and avoid jetlag. Waking up to its simulated sunrise helps you start the day feeling more refreshed and ready to go. Falling asleep to its simulated sunset helps you relax and fall asleep more easily.

Please take a few moments to read the directions and familiarize yourself with the control buttons and clock display to ensure you get off to a good start with your new SunRise Traveler.

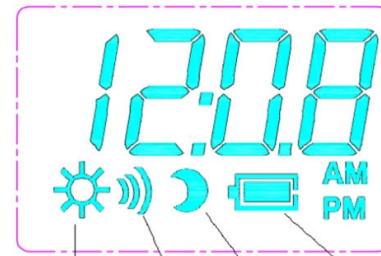
**Figure 1: Buttons and Features**



#### **Setting up the Traveler Alarm Clock**

For best results, place the clock near your bed on a nightstand or bedside table close to pillow level. Press the release button to open the stand and access the battery door and mini-USB power port. Insert four AA batteries (not included) in the back of the clock or plug in the power supply. Note the power supply does NOT charge batteries. Until the time has been set, or after a prolonged power outage, the clock display will flash on and off to let you know that the time needs to be set. **Note that the buttons will only operate while the stand is extended.** When the stand is closed, the light will not work so that it cannot accidentally go on while the clock is in your suitcase.

**Figure 2: Display Symbols**



Alarm On Beeper SunSet Battery

#### **Setting the Time**

Make sure the **ALARM (A)** button is pressed in so the sun symbol (☀) is not lit. Press and hold the **PROGRAM (P)** button (display reads "setC" for two seconds), then use (+) and (-) buttons to adjust the time. The time moves rapidly if the + or (-) button is held in. **Be careful to set the AM and PM properly.** The display symbol in the lower right hand corner is illuminated for either PM or AM.

#### **Setting the Wake-Up Time**

Make sure the **A** button is out so the sun symbol (☀) is lit, then press and hold the **(P)** button, the display reads "SEtA" for a few seconds before showing the current alarm time. You can then adjust the alarm time with the (+) and (-) buttons until desired time is set (Note: default alarm time is 7:00 a.m.). Holding in the (+) or (-) button will cause the time to change rapidly.

#### **Turning the Alarm On**

Push **A** button so it sticks up. The display will show the Alarm Set sun symbol (☀) and the wake up alarm time will be displayed for a few seconds. If the light is on, it will slowly fade down, or you can turn it out manually by pressing the (-) button.

#### **Turning the Alarm Off**

To turn off the alarm, push the **A** button in to stop the beeping. The light will remain on, so either hold down the (-) button to shut it off, or press the A button again (out position) to make the light slowly fade out. If the alarm is not turned off manually, the beeper and light will automatically shut off after about 5 minutes. Pressing the (+) and (-) buttons will snooze the alarm for 9 minutes.

#### **The Sunrise Wake-Up Sequence**

The light will begin to illuminate about 15 minutes before your set wake-up time. Once the light has fully illuminated, and the wake-up time has been reached, the audible alarm beeper will sound.

#### **Changing to a 24 Hour Display**

The clock is preset to a 12-hour display. To change to a 24-hour display, make sure the A button is in so the sun symbol is not lit, then press and hold the **PROGRAM (P)** button and press both (+) and (-) buttons at the same time. The display will then read "24 Hr". To switch back to a 12-hour display, follow the same procedure and the display will read "12 Hr." "AM" and "PM" symbols are only lit in the 12-hour mode.

**Figure 3: Alarm Activation Button**

