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The **EZ Wake™ SunRise Alarm Clock** is a naturally great way to fall asleep and wake up every day. That's because humans are programmed by nature to wake to the rising sun and sleep when the sun goes down. Waking up to a simulated sunrise can help you start the day feeling more refreshed and ready to go. Falling asleep to a simulated sunset can help you relax and fall asleep more easily. Please take a few moments to read the directions and familiarize yourself with the control buttons and clock display to ensure you get off to a good start with your new EZ Wake Clock.

Setting up the EZ Wake Clock

For best results, place the clock near your bed on a nightstand or bedside table close to pillow level. Plug the clock into the nearest wall plug. NOTE: Until the time has been set, or after a prolonged power outage, the clock display will flash on and off to let you know the time needs to be set.

Setting the Time

Make sure the **ALARM(A)** button is pressed in so the sun symbol (*) is not lit. Press and hold the **PROGRAM(P)** button (*display reads "setC" for two seconds*), then use + and (-) buttons to adjust the time. The time moves rapidly if the + or (-) button is held in. **Be careful to set the AM-PM properly.** The PM display "dot" is lit for PM and off for AM.

Changing to a 24 Hour Display

The clock is preset to a 12-hour display. To change to a 24-hour display, make sure the **A button** is in so the sun symbol is not lit, then press and hold the **P button** and press **both + and (-) buttons** at the same time. The display will read "**24 Hr**". To switch back to a 12-hour display, follow the same procedure and the display will read "**12Hr**". Note that the "**PM**" symbol dot is only lit in the 12-hour mode.

Using the Adjustable Reading Light

Press and hold the **+ button** to turn the lamp up until it reaches the right brightness level. To reduce the light level or turn the light off, press and hold the **(-) button**.

Setting the Wake-Up Time

Make sure the **A button** is out so the sun symbol (*) is lit, then press and hold the **P button**, (*the display reads "SetA" for a few seconds*). Then adjust the alarm time with **+ and (-) buttons** until desired time is set (*Note: default alarm time is 7:00 a.m.*). Holding in the + or (-) button will cause the time to change rapidly.

Turning the Alarm On

Push **A button** so it is out. The display will show the Alarm Set sun symbol (*) and the wake up time will be displayed for a few seconds. If the light is on, it will slowly fade down, or you can turn it out manually by pressing the **(-) button**.

The Sunrise Wake-Up Sequence

The light will begin to illuminate 30 minutes before your set wake-up time. Once the light has fully illuminated, and the wake-up time has been reached, the audible alarm beeper will sound.

Turning the Alarm Off

To turn off the alarm, push the **A button** in. The beeping will stop and the light will remain illuminated. If the alarm is not turned off manually, the beeper and light will automatically shut off after about 10 minutes.

Disabling the Beeper

The backup alarm beeper is preset "on" as indicated when the dot next to the "☉" symbol is lit. To disable the audible beeper, make sure the **A button** is pushed in so the sun symbol (*) is not lit, then press and hold both **+ and (-) buttons** at the same time for about 6 seconds until the BEEP symbol goes out (*you will hear a faint beep as the symbol goes out and the display reads "none"*). To reverse this, repeat the same procedure until the BEEP symbol lights (*you will hear a single beep as the symbol lights and the display reads "beep"*).

Activating the Sunset Sequence

The Sunset sequence lets the light fade down slowly to help you fall asleep. Many people also find that it's especially useful for small children, encouraging them to shut their eyes and settle down. Manually turn the light on to the intensity from which you wish the sunset to start. Then press the **A button** so it is out and the sun symbol (*) is lit to begin the sunset. If the light is at full intensity it will take 30 minutes for the light to go out. The less bright the light is to start, the faster the light will fade out.

Replacing the Bulb

To replace the bulb (use only a 60W bulb), first unplug the clock from the wall. Remove the globe from the clock by pulling upward. Remove the globe by holding the base with one hand, and pulling up on the globe. Take care not to break the bulb by hitting it with the globe as you do this . **Caution: If the bulb was recently in use, it will be hot - let the lamp cool before removing the bulb.** Screw in the new bulb completely. Carefully put the globe back on by lowering it over the bulb (the slots on the globe face backwards) and make sure it is fully home and securely held. Plug in the clock, re-set the time, alarm time, and any other settings. Replacement bulbs are available from Bio-Brite or local hardware stores (**ask for a 110 Volt 60 Watt E12 Candelabra base frosted bulb**).

If your EZ Wake SunRise Clock requires service, please send it to: Bio-Brite Service Department, c/o Saville Electronics, 2613 Joppa Terrace, Baltimore, MD 21234.

Troubleshooting

Problem: Neither the light nor the clock works.

Solution 1. Make sure there is power at the outlet by plugging in a different appliance, or by plugging the clock into another outlet.

Solution 2. Unplug the clock from the wall, count to 10 and replug it in. Sometimes the clock's computer chip picks up static charges of electricity and unplugging it removes the static.

Problem: The clock is not doing what I expect it to.

Solution: Unplug the clock from the wall, count to 10 then replug it in and switch the power on to restore the default settings. Reprogram options you use.